

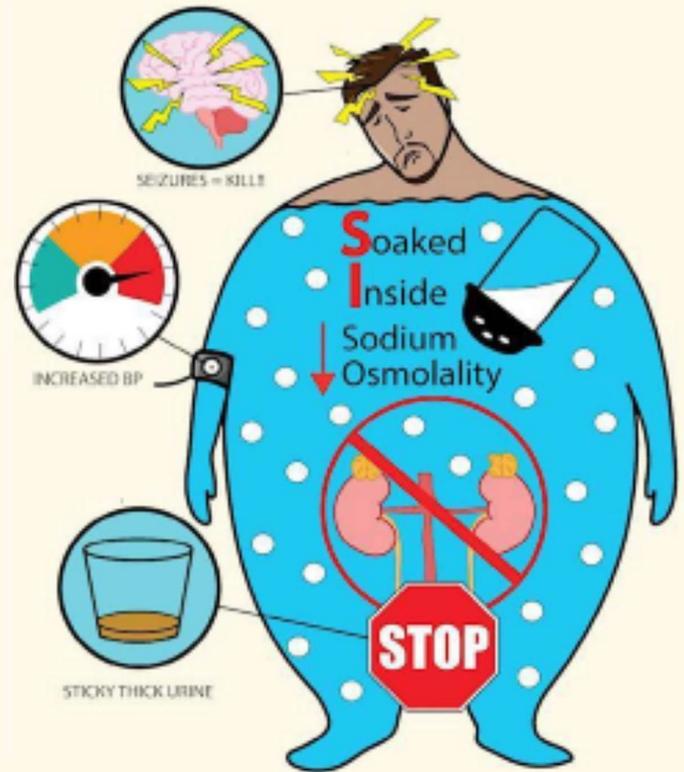
# SIADH "Soaked"

"Yes" **ADDS DA H<sub>2</sub>O**

Syndrome of Inappropriate Antidiuretic Hormone

## 7 S's

- S** **STOP**s urination (**LOW** urine output)
- S** **STICKY & THICK** "urine" **HIGH** Sp. Gravity **1.030+**
- S** **SOAKED** **I**nside "Low & Liquidy" Labs  
**HYPO** osmolality (**LOW**) **NCLEX TIP**  
**HYPO**natremia below **135 Na+** (**LOW**) **NCLEX TIP**
- S** **SODIUM** Low!! (**Headache** Early Sign)
- S** **SEIZURES**- **NCLEX** key words: Headache, Confusion
- S** **SEVERE HIGH** blood pressure
- S** **STOP ALL FLUIDS + GIVE Salt + Diuretics**  
(**NO IV** or drinking) + (**IV 3% Saline + Eat Salt**)



# DI "Dehydrated"

"Die" **ADH!**

Diabetes Insipidus

## 7 D's

- D** **DIURESE** "Drain" fluid (**HIGH** urine output)
- D** **DI** **LUTED** urine Low specific Gravity (**1.005**)
- D** **D** **RY** **I**nside "High & Dry" Labs  
**HYPER** osmolality (**HIGH**) **NCLEX TIP**  
**HYPER**natremia over **145 Na+** (**HIGH**)
- D** **DRINKING** a lot "thirsty"
- D** **DEHYDRATED** Dry Mucosa & Skin
- D** **DECREASED** blood pressure
- D** **DESMOpressin** "Vasopressin" (ADH)  
Decrease Urine Output **NCLEX TIP**  
Death by **Headache!** (Low Na+) **135 or Less**

