6 Weeks

- Begin to push up when lying on tummy
- Gradually smoother movements with limbs

4 Months

- Holds head steady
- Bring hands to mouth
- Roll tummy to back
- Swing at dangling toys

6 Months

- Roll both directions
- Begins to sit without support

9 Months

- Stand holding on
- Get to sitting position
- Sits without support
- Pulls to stand
- Crawls

12 Months

- Starts to walk unaided *(concern if not met by 18 months)*

18 Months

- Walks alone
- May walk up steps and run
- Jumps

24 Months

- Stands on tiptoes
- Kicks a ball
- Begins to run
- Climbs furniture
- Walks up & down stairs holding on

36 Months

- Pedal a tricycle
- Runs easily
- Walks up & down stairs one foot on each step

48 Months

- Hops and stands on one foot for up to 2 seconds

60 Months

- Stands one foot for > 10 seconds
- Hops
- May skip
- Somersault
- Climbs

GROSS MOTOR MILESTONES

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